

Welcome! This form helps us to meet your medical needs and to provide the best service to you. If you have any questions or need assistance, please ask us.

GENERAL PATIENT INFORMATION

Name:		Home Phone:		
	emale 🗌 Male	Cell Phone:		
Address:		Work Phone:		
City: State: Zip:		E-mail:		
Preferred Method of Contact: Home Cell Wo	rk 🗌 E-mail	Occupation:		
EMERGENCY CONTACT INFORMATION				
Contact #1 Name:	Contact #21	Name:		
Relationship to You:	Relationship t	Relationship to You:		
Contact #1 Phone:	Contact #2 P	act #2 Phone:		
INSURANCE ASSIGNMENT AND RELEASE	Please	e make sure we have a copy of your insurance card.		
I hereby authorize payment directly to MEDNORTHWEST for am responsible for all charges not covered by insurance.	or all insurance benef	fits otherwise payable to me for services rendered. I		
Signature:	Date:			
What brings you into the office today?				
This form is long! Please feel free to have the doctor or medical staf				

CURRENT HEALTH SUMMARY

Please list any current medical issues, the date you first noticed the issue, and the name and specialty of the physician who treated you (if any):

Current Medical Concerns	Date of Onset	Physician's Name	Specialty

List any o	current medications,	including over-the	-counter druas.	aspirin.	vitamins and herba	al preparations.

I am on no medications.

Medication Name	Pill Size	How Taken	Medication Name	Pill Size	How Taken

FAMILY MEDICAL HISTORY		
A "close relative" is a brother, sister, mother, father, or child. However, please consider any other re	latives where	e you feel it may be helpful.
Do you have a family history of heart attacks, stents, or bypass surgery?	Yes	No
If yes, please list relative(s), type of heart disease, and the age when symptoms started.		
Have any of your close relatives had a history of stroke?	Yes	No
If yes, please list the relative(s), and the age at which the stroke first occurred.		
Do you have a family history of colon polyps or colon cancer?	Yes	No
If yes, please list the relative(s), type of colon issue, and the age when symptoms first appeared.		
ir yes, piease list the relative(s), type of color issue, and the age when symptoms list appeared.		
Do you have a family history of diabetes?	Yes	No
If yes, please list the relative(s) and the age at which diabetes first developed.		
Has anyone in your family had Alzheimer's Disease?	Yes	No
If yes, please list the relative(s) and the age at which memory problems first occurred.		
Is there a family history of mental health problems that you feel is relevant?	Yes	No
If yes, please list the relative(s) and describe the type of problem.		
Did you have a close relative with prostate cancer? (male patients only)	Yes	L No
If yes, please list the relative(s) and the age at which it first occurred.		
Do you have a close relative with osteoporosis or fractures?	Yes	No
If yes, please list the family member(s), the type of fracture, and the age at which it first occurred.		
Any close relatives with a history of breast cancer or ovarian cancer?	Yes	No
If yes, please list the family member(s), the type of cancer, and the age at which it first occurred.		
Have any relatives been tested for the BRCA-1 or BRCA-2 genes?	Yes	No
If yes, what were the results?		
If you have other family health history that you feel is relevant describe the type of disease and the	and at whic	sh symptoms first occurred

If you have other family health history that you feel is relevant describe the type of disease and the age at which symptoms first occurred.

ALLERGY INFORMATION

List any allergies you have in the table below. I have no allergies of any kind.

Food, Medication, or Insect	Reaction	Food, Medi	cation, or Insect		Reaction
Additionally, please check if you are	e allergic to any of the following:	Shellfish	🗌 Contrast (I	Dye)	Latex

VACCINATION HISTORY

Vaccine	Date	Vaccine	Date
Tetanus		Hepatitis A	
Flu Shot		Hepatitis B	
Pneumovax (pneumonia)		Gardasil (HPV)	
Prevnar (PVC13)		Other (?)	
Zostavax (shingles)		Other (?)	

SURGICAL HISTORY

Surgery or Procedure	Date	Name of Surgeon	Outcome

HEALTH MAINTENANCE

Please enter the date of your last:	Date		Female patients only:	Date	
Colonoscopy			When was your last mammogram?		
Bone density scan (DEXA)		When was your last pap smear?			
Treadmill test (stress test)			Have you ever had an abnormal pap?		🗌 No
Coronary calcium score		If yes, when was it?			
Annual exam		Did you undergo treatment? (please explain)			
Ultrasound test for aortic aneurysm					
PSA (male patients only)					

REVIEW OF SYSTEMS

In the last six months, have you experienced any of the following?

Constitutional	Genitourinary (Men)	Respiratory
□ Loss of appetite	□ Slow urine stream	Asthma or wheezing
□ Fatigue	Up more than once per night to urinate	Emphysema (COPD)
Weight loss	Blood in the urine	Chronic cough
□ Weight gain	☐ Trouble getting or maintaining erections	□ Shortness of breath
Unexplained fever	Lump or mass in the testicles	□ None of these
□ None of these	Hernia	Neurological
Eyes	Any sexual concerns	Headaches
□ Difficulty with vision	□ None of these	□ Trouble with short term memory
History of eye surgery	Genitourinary (Women)	
Glaucoma	How many children have you had?	□ Numbness in the feet (neuropathy)
□ None of these	Leakage of urine?	History of ADD or trouble with focusing?
Ears, Nose, and Throat	Heavy or irregular periods	□ None of these
□ Sleepy during the day	□ Vaginal pain, soreness, or dryness	Psychiatric
□ Loud snoring at night	Blood in urine	Anxiety
🗆 Sleep Apnea	🗆 Hernia	
Hearing loss	Any sexual concerns	□ Trouble sleeping
Frequent sinus or ear infections	□ None of these	Panic attacks
□ None of these	□ I had a hysterectomy	Specific fears (driving, elevators, etc)
Heart	if so do you still have your ovaries?	☐ Thoughts of hurting or killing yourself
Born with a heart defect	Allergic or Immunologic	History of substance abuse
Have a pacemaker	Seasonal allergies	Prior suicide attempt
Heart murmur	☐ Had chickenpox as a child	Psychiatric hospitalization
□ Take antibiotics before dental work	□ None of these	Bipolar Illness
Heart valve problems	Musculoskeletal	□ None of these
High blood pressure	Arthritis	Endocrine
High Cholesterol	□ Fibromyalgia	Thyroid problems
Stroke or TIA	□ Other joint pains	Severe menopausal symptoms
Abnormal Heart Rhythm	History of fractures. If so, what kind?	
□ None of these		Low testosterone
	□ None of these	□ None of these

REVIEW OF SYSTEMS (continued from the previous page)

In the last six months, have you experienced any of the following?

Hematologic	Gastrointestinal
Easy bleeding after surgery or dental work (ever in your life)	
History of anemia (low blood count)	□ Other liver disease
Iron deficiency	Blood in stool
□ None of these	Heartburn
Skin/Breast	
Breast lump or mass	Unexplained abdominal pain
Unusual mole	□ Trouble swallowing solids or liquids
Skin cancer	Sensitivity to milk products
□ None of these	U Wheat allergy
Oncology (Cancer)	
History of any type of cancer? If so, what kind?	
	□ None of these

TOBACCO, ALCOHOL, CAFFEINE, AND DRUG USE HISTORY

Have you ever smoked? 🗌 Yes 🗌 No	# packs / day		# of years	When did you quit?
Do you chew tobacco?			🗌 No	
How many alcoholic drinks do you have in a typical week?			[£] of drinks	
Did you drink more heavily in the past?			🗌 No	
Has anyone ever suggested that you cut down your drinking?			🗌 No	
How many cups of coffee do you drink daily?			[£] of drinks	
Any recreational drug use (marijuana, cocaine, and so forth)?			🗌 No	
If yes, please describe:				

PERSONAL SAFETY

Please check all that apply:		
I have a smoke detector in my home.	I wear a seat belt.	
I have a carbon monoxide detector at home.	I have a living will.	
I use a cell phone while driving. (<i>This is equally dangerous with or without a headset.</i>)	I have a history of multiple falls	
	I feel threatened by or afraid of someone close to me.	
I keep firearms in my house. (If the answer is yes, we urge you to keep them locked or inside a locked compartment.)	I have a durable power of attorney for health care. (That person is)	

OTHER HEALTH INFORMATION

I might benefit from some help with					
Drinking a bit more than I should.	Being too quick to anger.				
Use of substances.	Troubled relationships.				
Gambling.	Getting more exercise.				
Improving my mental health.	Life stress.				
Weight loss.	Past issues or bad experiences that still bother me.				
Loneliness or social isolation.	Other:				
Do you exercise on a regular basis? Yes No If so, what activities and how many times per week?					
Do you follow any kind of special diet? Yes No If so, what	at?				
Are there any other medical concerns or questions you would like add	ressed?				
Anything else we should know to provide the best care and service to	you?				
NOTES					